



Miracles in Motion

THERAPEUTIC EQUESTRIAN CENTER

March 2022

Miracles Moment by Volunteer Chris Petta



Before I moved to Iowa, whenever I visited my dad, I would go with him to do morning chores. I was hooked from the start. I loved being around the horses and wished I could be around Miracles more. When my previous job gave me the opportunity to work from home full time, I decided to move to Iowa, in part so I could be a Miracles volunteer. I took all the training and in addition to weekday morning chores, I volunteered for the Saturday morning classes. Seeing how patient the horses are, and how the riders connect with them, made me see the horses a little differently because I saw them working and I can appreciate them more. Miracles has become a big part of my life now and I love being part of the Miracles family. I get to work with people who all have the same goal – to take care of our herd, and help the riders who depend on us to live their best lives.

The Grandon Charitable Foundation multi-year grant supports Spring I Adaptive Riding Classes

We are so fortunate that the Grandon Charitable Foundation is providing grant money for 5 years beginning in 2021 towards the Adaptive Riding programs at Miracles. As a physician and a nurse, Dr. & Mrs. Grandon devoted much of their time and talents in careers that serve others by improving the health and wellness of individuals within the Greater Cedar Rapids Community. Our Adaptive Riding classes provide so many benefits to the students – physical, emotional and social. We are very grateful to the Grandon Charitable Foundation for this significant support! If you would like to learn more about the foundation and their community support, check out the website at <https://grandoncf.org/>

**GRANDON
CHARITABLE
FOUNDATION**

Upcoming Volunteer Training

March training dates:

Training: March 19

Mock Class: March 27

April training dates:

Training: April 23

Mock Class: April 24

Information is on our website

Attention students and parents

Classes start the week of April 4th – the application is now live on our website along with the medical form that needs to be submitted.

Miracles Adaptive Riding classes will be 5 weeks on Monday evenings at 6 and 7 pm and Saturday mornings at 9 and 10 am. Adaptive Horsemanship will be Wednesday evenings at 6 and 7pm. A letter will be going out to past students and others that have expressed an interest this week.

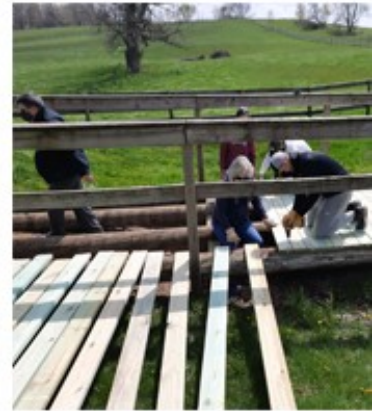
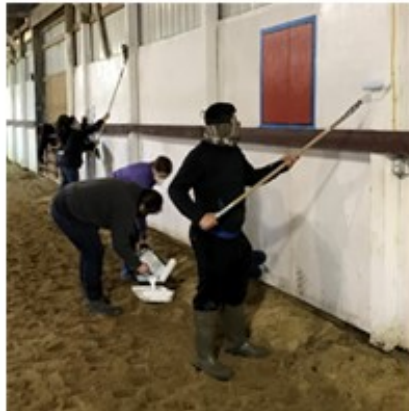
Information is available on our website: <https://miraclesinmotion.com/our-services/therapeutic-riding-classes>

Miracles Work Days

Why should you and/or your company consider scheduling a Work Day at Miracles? There is the obvious – we need the help! But there are also so many benefits to a people and companies volunteering - a sense of purpose and wellbeing as well as a boost to mental health from doing for others and getting some physical exercise. Many studies have found that volunteer programs at work or school can boost productivity, engagement, morale and retention.

Here at Miracles we have seen what a work day can do for a company, church or school group. When groups come out and spend a few hours or a day at Miracles, you can hear the conversations, the laughter and the enjoyment of spending time on our 76-acre farm. Not to mention the fun of meeting a few of our handsome Miracles horses.

If this sounds like a type of volunteering you would want to do, please give us a call at 319.857.4141 to set up a day and time. We welcome the help!



Newsletter sponsored by:



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Miracles in Motion Therapeutic Equestrian Center

2049 120th Street NW

Swisher, IA 52338

Website: www.miraclesinmotion.com

319-857-4141

FORM A PARTNERSHIP WITH A HORSE

ADAPTIVE HORSEMANSHIP

AND LEARN HOW TO TAKE CARE OF ONE

MIRACLES IN MOTION
SWISHER, IA
Adaptive Horsemanship

Adaptive Horsemanship lets students focus on building a strong relationship with the horse. This course includes all sorts of ground work including grooming, leading, and learning about horse health, confirmation, gaits, tack and other equipment, body parts and colors, hoof care, as well as how horses sense and how to understand horse body language. All students are encouraged to expand their horse knowledge and experience by participating in Adaptive Horsemanship.

A stylized yellow silhouette of a horse's head, facing left, with a decorative mane.