



Miracles in Motion

THERAPEUTIC EQUESTRIAN CENTER

May 2026



Miracles Moment: Diane Lamb

I have loved horses since I was a little girl. Being a nurse, I enjoy caring for people. Once I retired, I had some free time, and this seemed like the perfect fit. I also have a grandson with special needs and understand the benefits of therapy for people with disabilities and their families. (Photo: Diane is the side walker on the right and the rider is her grandson) Being a volunteer is great! Everyone is so kind and helpful! It is an amazing experience to see how excited the riders are and the progress they all make. The horses know their job, and I think they are very happy to do it! It is such a blessing to be part of this. Miracles in Motion truly does make miracles happen.

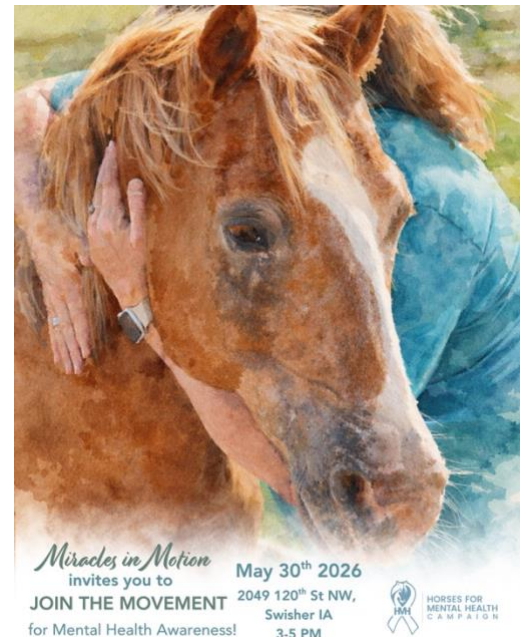
From The *Director's Desk*

WRITTEN BY DEB LEICHSENRING

Sometimes healing does not happen in an office, at home or at school. Sometimes it can happen on the back of a horse or even next to the quiet companionship of a horse. At Miracles in Motion, we see firsthand how the quiet, non-judgmental wisdom of a horse can foster profound transformation. This transformation occurs when we bring together the energy and spirit of horses with people in need.

Our equine-assisted services provide a safe environment where participants can reduce stress, strengthen relationships, and build meaningful connections. The skills developed here—patience, trust, emotional regulation, and communication—become essential life skills that participants carry into their workplaces, schools, and homes.

We invite you to support our "Horses for Mental Health" campaign. Your contribution ensures the continuation of this vital work by supporting our professional staff, maintaining our facilities, and providing for the well-being of the horses who make these miracles possible. Please join us in moving miracles forward by donating to the Horses for Mental Health campaign via the QR code found in our newsletter. Thank you for your continued support.



Horses For Mental Health on May 30th

Miracles in Motion is celebrating partnering with Horses For Mental Health for May, Mental Health Awareness Month! Our evidence-informed programs reduce stress, strengthen relationships, and create meaningful peer connections, all within a safe, ethical, and compassionate environment. Supported by trained professionals, dedicated volunteers, and a herd of specially trained therapy horses.

We are celebrating this global movement that champions horses as powerful partners in healing, expanding access to the care and connection the world needs, by hosting an event Saturday, May 30 from 3-5 PM at the Miracles in Motion farm. A limited number of tickets are available at \$100 each, which you can purchase by emailing makemiraclesia@gmail.com

When humans and horses connect, healing happens—and lives change!

Donate here to support our vital programming: <https://horsesformentalhealth.org/campaigns/miracles-in-motion/> or by mailing a check to Miracles in Motion, 2049 120th St NW, Swisher, IA 52338



Miracles Welcomes Eli Alger, Sophie Grace



Rocking our barn will be Iowa's own Eli Alger who will sing some of his favorite country and western songs in a solo acoustic performance.

Raised on a farm near Des Moines, Eli's father, Iowa wrestling legend Royce Alger, taught him how to bond with horses and he spent many a tranquil moment during his teen years riding bareback on his grandfather's horse "Black Beauty."



The Horses For Mental Health ambassador and University of Iowa grad is now living in Nashville, Tennessee. Eli's been touring the country with his band The Faster

Horses who have opened for Lady A, Eli Young Band, Trace Adkins and many more! Get ready to kick up your country boots to Eli's electrifying tunes!



And thanks to a local supporter, we're also thrilled to announce Emmy Award-winning actress and longtime Horses For Mental Health ambassador Sophie Grace will be at our barn for this event! Sophie is known globally for her role as Kristy Thomas in the Netflix hit "The Baby-Sitters Club," but she is also a horse lover!

Sophie's been riding since age 6 when she first bonded with a horse named "Rocky" and is looking forward to hanging out with our horses—and Miracles in Motion supporters on May 30th!



Sponsor Spotlights!

Billion Automotive

Thank you so much to Billion Automotive for sponsoring our Horses for Mental Health event at Miracles on May 30! Events are such an important way we spread our mission, share information and build community—and it's all possible because of our event sponsors. We're so grateful for the opportunity sponsorship affords us to host events on our farm. Thank you Billion Automotive!



Lauren and Joe Crippes

We thank Lauren and Joe Crippes for their sponsorship of our Horses For Mental Health event. They are long-time supporters of Miracles in Motion—Lauren also as a class volunteer, Board member, and past Board President. Thank you Lauren and Joe for supporting Miracles!

Round up at Fareway May 4–16 to celebrate Mental Health Awareness Month with Miracles in Motion!

To create more awareness for Mental Health Awareness month, our friends at participating Fareway Stores in the Cedar Rapids Corridor have a roundup at the register event May 4-16! For those 2 weeks when you round up at the register, you're supporting our programming that promotes hope and healing through the horse-human connection.



Participating Fareway locations:

Marion, Hiawatha, North Liberty, SE Cedar Rapids

Thank you for rounding up and making an impact as we strive to Move Miracles Forward during Mental Health Awareness Month!

Therapeutic Riding Featured on "CBS Sunday Morning"

On May 3 *CBS Sunday Morning* broadcast Leslie Stahl's report on Endeavor Farm, a therapeutic riding center in Westchester County, New York. The scenes and message of the story resonated with many here at Miracles. At Endeavor Farm Stahl interviewed a rider, a parent, center staff, and a veteran, all speaking about the benefits of horses' special connection with people.



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